

ANSWERS

WW Instructors DRY Personal Refresher Checklist

This DRY Personal Refresher should take place at the at the **beginning of term 4 and beginning of the new year**. If the instructor instructed during Term 4 the previous year they are not required to attend an on water refresher but must complete the Dry Personal Refresher. Instructors can also do it at home over the Christmas holidays.

It consists of the **Personal Questionnaire**, which could be done at home in your own time, (see below) and a couple of **Dry Land tasks**, which could be done in 30 minutes as a group, before your first session. Chief Instructor must note refreshed Instructors in the log book. There is also have an answer sheet.

CONDITIONS/RATIOS

It is important that you know and are comfortable with assessing the weather conditions .

Where can you check? **Websites, coastguard app, and visual effects**

What is the maximum wind speed WW can operate in? **15 knots**

What is the WW Instructor to pupil ratio on the water **1:4**

PATROL BOATS

Get out of garage, check safety features are present and correct. **B L A C C K K P P B O B**

- | | | | |
|--------------------------|-------------------------|----------------------------------|-------------------------|
| 1. Buoyancy aids. | 2. Line/tow rope | 3. Anchor sufficient warp | 4. Clamp (motor) |
| 5. Crew | 6. Knife | 7. Key | 8. Painter |
| 9. Petrol | 10. Bung | 11. Oars/paddles | 12. Bailer. |

PATROL BOAT MOTOR

Practice lowering, lifting, first shallow water positions, standing on the ground, and in the boat.

If your motor stops, you immediately check fuel line, fuel, kill switch cord, if all ok, and still won't start

NOW what do you do? **Put out the anchor, call for help**

When you first start the motor to go afloat, should you be standing in the water, or, in the boat?

Standing in the water.

RIGGING AN OPTIMIST

Head to wind. Know the safety features:-

- | | | | | |
|----------------------------|-------------------|---------------------------------|---------------------------------|--------------------------|
| 1. Buoyancy tank | 2. Painter | 3. Bailer | 4. Centreboard restraint | 5. Mast restraint |
| 6. Rudder restraint | 7. Figure | 8. Personal buoyancy aid | | |

Correctly rig an opti.

Practice how to demonstrate going about and gybing on the turntable.

Should the bow or stern go into the waves first? **Bow**

Where do you hold and opti when it is in the water? **Bow or windward side**

What side do you hold the opti in shallow water, so the child can get in/out, windward or leeward?

Windward side

When doing painter work, is the opti upwind, or down wind of you? **Downwind**

Have you done a capsized recently? _____

SAFETY FIRST

Where is the Defibrillator, and what is the code.? **Outside on south side of building**

Where is the fire extinguisher **In the patrol boat area, other side of the wall to the security pad in the Training Room**

Do you know how to use it ? _____

In the unlikely event of an imminent Tsunami, where would you take the children quickly? **Run up Old Lake Road to the Dairy**

And, don't forget to re-read your manual and take a look at the Lego Briefs

If in doubt don't go out!!!!